Narrative theory and storytelling is a key approach used when career counselling. Identifying the narratives students bring to their sessions helps to construct their career. Career decision making requires a holistic approach as careers are shaped by an increasingly complex world. Therefore, it is essential to understand the effects that personal, social and broader economic systems have on the future career stories of students. The Systems Theory Framework of Career Development and Counselling (Patton & McMahon, 2006) helps to connect theory and practice with My Career Chapter (McIlveen 2015).

The key focus of this 60 minute workshop is to help attendees to understand some of the complexities that students are faced when constructing this particular chapter of their career.

The exercises will help participants to be aware of how they may influence the student's narrative.

We will be looking at:
- Key influences on current student narratives
- How these influences impact a student’s journey through university
- Career counselling in an ideal world
- Practical ways in which attendees can support students’ narrative

Reference


Learning outcomes
- To discuss the different perspectives and influences on the student journey and transitions
- Identify new ways in which a way in which services and centres can collaborate and contribute to each students narrative
- Understand the pivotal role of careers services in preparing students
Presenters

Jackie Dean, University of Otago

Jackie has over 30 years of experience working in schools, colleges and university careers services in the UK and New Zealand and has been the Manager of the Career Development Centre at Otago since 2011. She has also worked within the disability sector in NZ. Jackie is a professional member of the Career Development Association of New Zealand (CDANZ), and the National Association of Graduate Careers Advisory Services (Australasia) and the Association of Graduate Careers Advisory Services (UK). Jackie holds postgraduate qualifications in teaching and careers guidance. In addition to working in the private and public sectors, she has set up and run three business ventures in the North Island.

Yvonne Gaut, University of Otago

Yvonne is the specialist career adviser for postgraduate and international students and has worked at the University of Otago's Career Development Centre since 2001. Yvonne holds a Bachelor of Education (Teaching) as well as a Master of Career Development.

Lynley Soper, University of Otago

Lynley has graduate qualifications in Marketing and Career Development, a Diploma in Professional Coaching, and is a professional member of the Career Development Association of New Zealand (CDANZ). She has a background in the social services sector, and in private careers practice, specialising in career coaching and working with teenagers and young adults making early career plans and decisions.

Petra Hass, University of Otago

Petra is a professional member of the Career Development Association of New Zealand (CDANZ), holds a Bachelor of Social Services majoring in Career Practice and is an experienced vocational trainer. Petra worked in the publishing industry in Germany and has held various roles within the New Zealand social services sector, including the Ministry of Social Development and several disability support services within the Otago region.

Jo Budai, University of Otago

Jo has been working in the field of career development since 1998, much of which has been in the Healthcare sector. She has a Graduate Diploma in Career Development and is a Master Practitioner in NLP (Neuro-Linguistic Programming). Jo is also MBTI® Certified (Myers-Briggs Type Indicator, a personality profiling tool) and is a professional member of the Career Development Association of New Zealand (CDANZ).