



UNIVERSITY
OF SOUTHERN
QUEENSLAND

**Story Telling – A career development
approach for working with students
from diverse backgrounds**

Tessa McCredie



Guiding Circles

an Aboriginal guide to finding career paths

Booklet 1: Understanding Yourself

Rod McCormick
Norm Amundson
Gray Poehnell



Guiding Circles

an Aboriginal guide to finding career paths

Booklet 2: Finding New Possibilities

Rod McCormick
Norm Amundson
Gray Poehnell



Guiding Circles: An Aboriginal Guide to Finding Career Paths

McCormick, R., Amundson, N., and Poehnell, G.



Guiding Circles

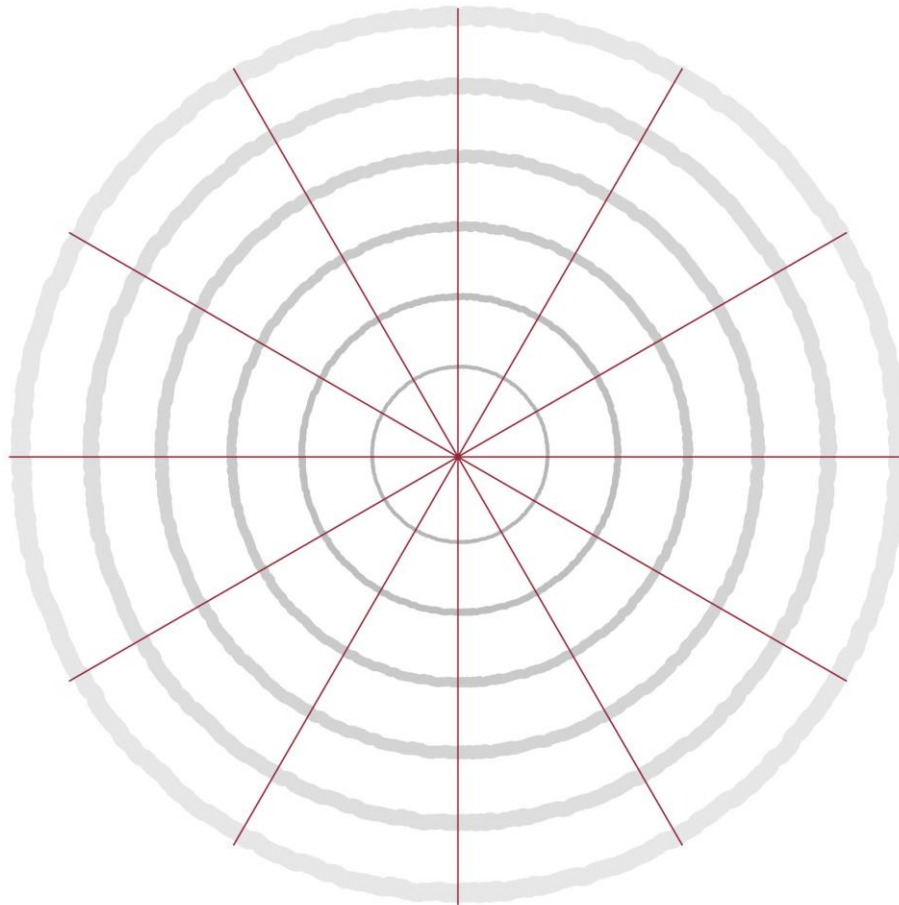
Storytelling: Cultivating Ownership

It's easier sometimes to get somebody to talk about what they enjoy, not what they are good at.

Poehnell, 2014)



Activity #1 - My Favourite Things





Activity #2 - Storytelling: Cultivating Ownership

Step 1: Choose the story

Step 2: Telling the story

Step 3: Reflecting on the story



Foundational questions...

- Who?**
- What?**
- Why?**
- When?**
- Where?**
- So what?**
- How?**



Story Telling: Cultivating Ownership

1. What did you enjoy? (interests)
2. What did you do? (strengths)
3. How did you do it? (personality)
4. What was important? (values)
5. Why do you do this and not something else? (priority)
6. What roles did you take on?

HOPE-FILLED ENGAGEMENT



*new possibilities
in life/career counselling*

Gray Poehnell
Norman E. Amundson



ACTIVE ENGAGEMENT

edition three

the **being**
and **doing** of
career counselling

NORMAN E. AMUNDSON



References

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McCormick, R., Amundson, N., & Poehnell, G. (2006). *Guiding circles: An Aboriginal guide to finding career paths*. Saskatoon, Canada: Aboriginal Resources Council.

Poehnell, G., & Amundson, N. E. (2011). *Hope-filled engagement: creating new possibilities in life/career counselling*. Ergon Communications.

